

**Course Outline for:** PSYC 2300 Psychology of Personality**A. Course Description**

1. Number of credits: 3
2. Lecture hours per week: 3
3. Prerequisites: PSYC 1110
4. Corequisites: None
5. MnTC Goals: Goal 5 – History and the Social and Behavioral Sciences

This course introduces students to the scientific study of human personality, with an emphasis on individual differences. Important theories and research studies of personality are discussed. Topics include personality traits; biological, psychological, and social-cultural influences on personality; and links between personality and everyday life.

**B. Date last reviewed/updated:** January 2022**C. Outline of Major Content Areas**

1. Methods of personality research and assessment
2. Theories and research on the dynamics of personality
3. Theories and research on motivation and emotion
4. Theories and research on environmental influences on personality
5. Theories and research on personality traits
6. Theories and research on the biology of personality

**D. Course Learning Outcomes**

Upon successful completion of the course, the student will be able to:

1. Critically analyze theories and research studies of personality using a knowledge of scientific principles. (Goal 5a, 5c)
2. Connect important concepts, theories, or research findings from the psychology of personality to behavior in everyday life. (Goal 5c, 5d)
3. Apply research findings in the psychology of personality to develop strategies to enhance functioning in everyday life. (Goal 5d)

**E. Methods for Assessing Student Learning**

Individual instructors will devise their own methods for assessing student performance. Students may be evaluated through exams, papers, and other projects, as appropriate.

**F. Special Information**

None